

Heartsaver CPR & AED



Course Overview

This course has been developed by the American Heart Association and is certified by the Irish Heart Foundation. It teaches people how to perform CPR (Cardio Pulmonary Resuscitation) on an adult, child and infant. Participants will also learn how to use an AED (Automated External Defibrillator) and how to respond in the event of a person choking.

Duration: 4 hours

Each course covers:

- Introduction
- Scene Safety
- Contacting the Emergency Services
- Chain of Survival
- CPR Adult, Child & Infant
- Use of a Face Mask
- AED Use (Defibrillation)
- Foreign Body Airway Obstruction (Choking) for Adult, Child & Infant
- Course Conclusion



Participants will complete a short practical assessment at the end of the course.

For further details or to book a place contact **01 8439900** or email us at **advanta.safety@gmail.com** or visit our website at **www.advantatraining.ie**

Other courses available include: Occupational First Aid Course (FETAC Level 5), Occupational First Aid Refresher Course, Emergency First Aid, Manual Handling, Health & Safety in the Workplace, Food Hygiene, Equality & Diversity in the Workplace.



All our training courses are carried out by OFAAA (Occupational First Aid Assessment Agency) certified Instructors and PHECC (Pre-Hospital Emergency Care Council) Registered Cardiac First Response Instructors.

