

Occupational First Aid Refresher Course Overview



This course is designed to give persons who hold an Occupational First Aid FETAC Level 5 Certificate refresher training. The course covers up to date practical skills and any new developments in First Aid since the previous certification.

Participants complete a practical and written (short answer) assessment. Successful participants will receive an Occupational First Aid Refresher Certificate which is valid for two years.

Duration: 1 Day

Course Covers:

- Approach to an Accident
- Scene Safety
- CPR & Defibrillation
- Respiratory Emergencies
- Wounds, Bleeding & Trauma
- Fractures, Sprains & Strains
- Spinal Injuries
- Burns & Scalds
- Medical Emergencies including: Cardiac Arrest, Heart Attack, Stroke, Epilepsy Diabetes & Poisoning.
- Course Assessment



For further details or to book a place contact **01 8439900** or email us at **advanta.safety@gmail.com** or visit our website at **www.advantatraining.ie**

Other courses available include: Occupational First Aid Fetac Level 5, Cardiac First Response (PHECC), Basic First Aid, Sports First Aid, Manual Handling, Health & Safety in the Workplace, Food Hygiene, Equality & Diversity in the Workplace.



All our training courses are carried out by OFAAA (Occupational First Aid Assessment Agency) certified Instructors and PHECC (Pre-Hospital Emergency Care Council) Registered Cardiac First Response Instructors.

